



Asquith Mixed Probud Club BULLETIN

President: John Channon
Vice President Elect: John Davies
Secretary: Pam Slater
Treasurer: Yenda Holland
Dianne Watson, Vicki McPherson,
Denise Mayhew, Mary Potter,
Jim & Judy Thompson Barry
Willick Sandra Death, Rhonda
Wilson.

President's Comments 01-08-2021

AHhhhhh Bugger, dam, here we go again lockdown THE TRIP TO THE RED Centre then lockdown just like last year when a trip to Armidale followed by lockdown. As Carol keeps telling me **Your health is your wealth** so get your Covid-19 Vaccination this will protect you, your friends, your family and the community. Carol and I are fully vaccinated now, I feel a great relief knowing I will not make someone seriously ill. Please all members stick to the rules and stay healthy. As you have seen It only took one person to create an extended lockdown.

No one likes being in lockdown, being able to dine out go to the theatre and having a coffee out with friends are things we all miss.

We have to endure a further four weeks of lockdown.

I think a further ring around may help, why not pick up the phone and ring a friend to see how they are handling the lockdown and just to say hello.

I hope you all get involved with the next Zoom meeting on Thursday 5th August at 10:30am. Try logging in at least 25 minutes before start time, John Davies will let you in. Time for a general chat before the meeting starts.

Please be aware, when you joined the AMPC you '**Acknowledged that at some time during my membership I may be called upon to take an active role on the committee of Management**'.

We would prefer volunteers to come forward to assist in the running of the Club.

Please approach the current officer of your chosen activity and ask them what is involved or see me for further guidance.

John Channon

Meeting Dates

Thurs 5 August 2021

Zoom Meeting 10.30am

Thurs 2 September 2021

Time Unknown

Website:

<http://www.asquithmixedprobud.org.au>

Email: info@asquithmixedprobud.org.au

webmaster@asquithmixedprobud.org.au

Bulletin: Editor: Sylvia Gratton

☎ Mob: -

Asquith Mixed Probud Club Inc.

The Secretary AMPC, 9 Warruga

Crescent, Berowra Heights 2082

Formed by the Rotary Club of Berowra on
2 October 2008.

Club No: 9003799

District: 9680 Inc. No.: 9890687

Bendigo Bank details for deposits.

BSB No: 633-000 Account No.: 139 637 029

PRIVACY: In accordance with the Privacy Act 1988 and recommendation from Probud South Pacific, this newsletter is private and confidential for members of Asquith Mixed Probud Club use only and is not to be used for any other purpose.

COMMITTEE NOTES - JULY 2021

1. The Committee met in July for a Zoom meeting. (We are now in stay-at-home Lockdown until Saturday 28 August so all activities are cancelled until then).
2. A coach trip is planned for 23rd September to **Bowral** for the **Tulip Festival** with a visit to the **Bradman Museum** also. (The coach trip to Bowral is now uncertain, depending on bus seat restrictions).

A coach tour to is being planned for February next year to **Canberra** where daily activities will take place.

Who would like to take a cruise on the **Murray River**, and also visit **Kangaroo Island**? This is being looked at for November 2022.

3. Vicki is making plans for our **birthday picnic** in October, and can you believe - **Christmas** as well. That's the year gone!
4. Sylvia feels the Bulletin has become too large with 16 pages, and feels that articles should be limited to 500 words.
5. The walks programme has been suspended for the moment.
6. Succession Planning was again discussed. Please think about positions on the Committee that you may be able to assist with. New blood is required at our AGM in March.

Pam Slater
Secretary



Treasurer's Report as at 3 July, 2021

Income received for year to date	\$7,278	
Offset by expenses of	<u>\$5,039</u>	
Year to date surplus balance		\$ 2,239
 Add previous year's surplus of		 \$ 9,881
Gives an overall member surplus of		<u>\$12,120</u>
 This surplus consists of cash of		 \$16,870
Less liabilities – mainly activities paid in advance		<u>\$ 4,750</u>
 Total member equity		 <u>\$12,120</u>

Yenda Holland 4 July 2021

Payment of Monies

The bank statement. It is difficult to give a ruling because there is no consistency between banks.

In the good old days, the banks listed every name you had including Mr, Mrs, etc. which now take up valuable space. If you use EFT as a means of paying people, it would be a good idea to check with your bank and make sure you only have one Christian name (perhaps an initial) and your surname so that there is room for the surname to print on the receiver's end of your transactions. The name on the account is printed loud and clear although it sometimes misses the surname completely.

There seems to be two spaces where one can write the name of the activity. Please put it in both as every bank is different and it is not easy to ascertain which spot will print on the receiver's bank statement.

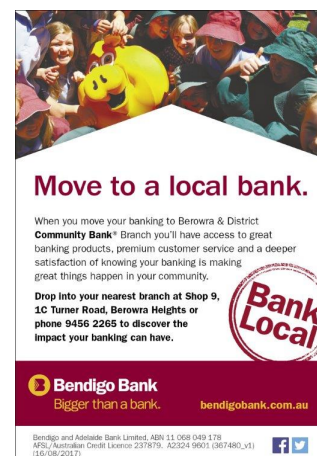
Once you have made a transaction, please print the bank receipt. For those who use a tablet or phone to make a transaction, and the only available option is to print a receipt (NAB for example), write "no receipt" on the Activities Payment Voucher.

Payments should be made at our monthly meetings. They can be in cash (please tender the correct amount if possible), cheque or by EFT and should be accompanied by a completed Activities Payment Voucher. If paying by EFT this should be done prior to the monthly meeting so that the EFT receipt can be submitted at the monthly meeting.

If you are unable to attend the next general meeting email the bank receipt together with a completed Activities Payment Voucher to the Assistant Treasurer, watsonkd@hotmail.com. If attending the meeting there is NO need to email your receipt to Dianne. Attach a copy of the receipt to your completed Activities Payment Voucher and hand them both to the Payments Desk who will initial your receipt and return it to you. The receipt should then be taken to the activity organiser so your name can be marked as "paid" on their list.

If paying for several activities in one payment you need to complete a separate Activities Payment Voucher for each activity.

Please note that if your payment is made after the monthly meeting prior to your activity it may be too late to include your attendance at that activity as venues are often paid in the week following the meeting.



ACTIVITIES CANCELLED UNTIL FURTHER NOTICE, DUE TO COVID LOCKDOWN.

Men's Group	Robert Allison	Dolls	Barbara Williamson
Auditor	Robert Allison	5 th Thursday BBQ	Lance Williamson
Books DVD, Jigsaw	Sunny Dougall	Mah-jong	Pam Clarke
	& Robert Montgomery	Theatres	Rhonda Wilson
Dining out	Vicki McPherson	Auditor	Robert Allison
Cards 500	Mary Glasby 9482 8114	Walks	Laurie Keaton
Pot Luck Meals	Anne Heaton	Web Site	Robert Allison
Public Officer & Historian	Sandra Death	Assist. Tours/Excurs.	Sandra Lees
Assist. Tours/Excurs.	Trish Taylor	Assist. Tours/Excurs.	Lula Andersen

AMPC COMMITTEE MEMBERS 2021-22

AMPC Committee Members 2021-22		Phone	Email	
	Officers			
President	John Channon			
Vice-President Elect	John Davies			
Secretary	Pam Slater			
Treasurer	Yenda Holland			
	Committee			
Bulletin	Sylvia Gratton			
Hospitality	Vicki McPherson			
Membership	Barry Willick			
Programme	Mary Potter			
Tours/Excursions	Jim & Judy Thompson			
Welfare	Denise Mayhew			
Assistant Secretary	Sandra Death			
Assistant Treasurer	Dianne Watson			
Historian/Public Officer	Sandra Death			

THE JEWISH ELBOW

A Jewish grandmother is giving directions to her grown grandson who is coming to visit with his wife.

"You come to the front door of the apartment. I am in apartment 301. There is a big panel at the front door. With your elbow, push button 301. I will buzz you in. Come inside, the elevator is on the right. Get in, and with your elbow, push 3. When you get out, I'm on the left.. With your elbow, hit my doorbell."

"Grandma, that sounds easy, but, why am I hitting all these buttons with my elbow?

"What You're coming empty handed?"

Joy S

ACTIVITIES JIM & JUDY THOMPSON

Cancellation of Activities

Due to COVID restrictions we have had to cancel the Ten Pin Bowling and the Car Fun Run. We hope to reschedule these activities for 2022 when hopefully things may return to normal.

THURSDAY 23 Sept 2021 BOWRAL TULIP FESTIVAL AND BRADMAN MUSEUM.

We will be visiting the Bowral Tulip Festival with its magnificent gardens. We will be travelling by coach (departing Hornsby Station at 8.30 am) and will have a stop for morning tea on the way. At Bowral, we will have ample time to browse the mass display of tulips and other gardens. There will also be 20 stalls with handicraft wares and local produce. We will then have lunch and a guided tour at the nearby Bradman Museum. Total cost \$70 pp which will include all admissions, morning tea, lunch and guided tour of the Bradman Museum.

Sign up at the August meeting and pay on or before the Sep meeting. If the Aug meeting is cancelled or held by zoom you should let me know of your attendance.

TOURS FOR 2022

Feb 2022 Canberra (6 days and 5 nights)

We will be traveling by coach and visiting many of Canberra's attractions each day. More details and a full list of the daily activities next month.

MURRAY RIVER CRUISE.

This will be in the second half of 2022. We will fly to Adelaide and have a cruise on the Murray River. At this stage, we are looking at several options. Should be a great tour. I will let you know when we have more details.

Regards

Jim Thompson

MEN'S GROUP CANCELLED DUE TO COVID LOCKDOWN.

Men who would like to join AMPC Men's Group for friendly, social discussion please contact Robert Allison on 0412196943 or bob_allison@optusnet.com.au. We normally meet at Magpies Club, Waitara at 11:00 on the third Wednesday of the month

Walk Activities

Walk Report

Whilst things do not look promising walks listed are subject to changes in Covid Regulations coming into effect. Early indications would suggest that even if this is possible there will be further restrictions of some kind in place for some time.

Thanks to Yenda, Vicki, John, Kevin and Diane for their great work at Como where 33 members attended a fabulous day before further changes came into place.

Future Walks

August 26 Balgowlah to Manly walk has been cancelled due to lockdown.

September 23 Your Lead is John Britten who meets us at Woy Woy.

Where: Kincumber Macca's to Davistown RSL

What: A scenic bus tour (included on your \$2.50 opal fare) followed by a picturesque walk along Kincumber Broadwater. Medium distance on flat formed paths.

Travel: Hornsby 09.24 Central coast Train Plat 5. 09.33 Berowra. Arr Woy Woy 10.01.
Marshalls are Wendy and Paul at Hornsby. Laurie at Berowra.
Ferry from Davistown is Cost \$4.20 with your concession card.
Ferry departs 14.25 Arr Woy Woy. 1450 Train at 1512 Berowra 1542
Hornsby 1552

Lunch: Davistown RSL at your own cost.

AMPC WALKERS ENJOYING THE COMO WALK



Diane leading the strollers across Como Bridge. Group at Never Fail Bay. These members drove.

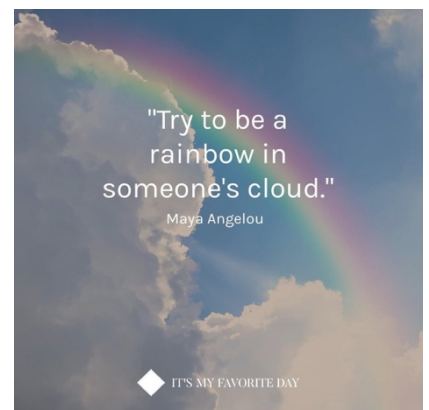
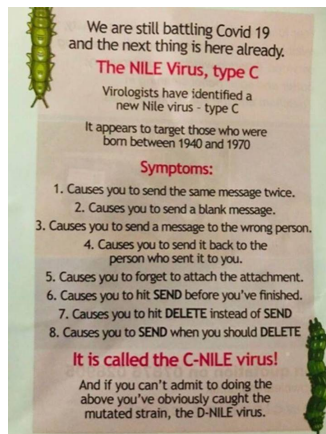
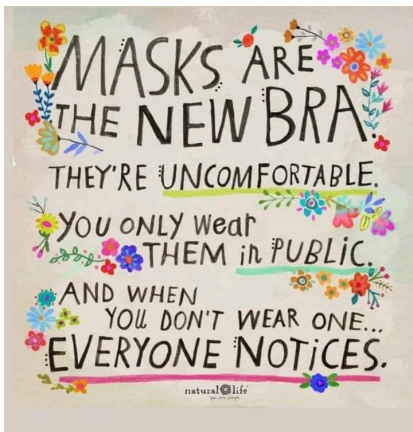
SPEAKERS

Those who were able to join our July Zoom meeting heard a fascinating talk on the forensic facility on the Hawkesbury by Sharni Collins. The facility is collaboratively run by a number of universities, police and NSW Health Pathology with a multidisciplinary team. The team covers areas of forensic botany, entomology, chemistry, even archeology and Sharni herself is interested the effect on cloth. The facility also has a body donation program.

As opposed to television shows how does this work translate into real life?

- missing persons — can aid in search and identify situations
- homicide e.g. the victims of Ivan Milat — who are they, how and when did they die
- natural disasters such as earthquake, tsunami
- manmade disasters such as terrorist attacks, building collapse
- mass graves

The speaker in August will be Graham Spindler talking on “The Story Behind the Music”. We will hear of the real background behind some well-known songs.



Congratulations Margaret & Jeremy Steele on 10 Year's Membership of AMPC.



TRIVIA

Thoughts on **bite**. Let's start with '**Bite the bullet**', which means grinning and bearing a painful situation. Apparently, it comes from the days before anaesthetics, where a soldier who was about to undergo an operation was given a bullet to bite on. Hmm ... Then we have the expression '**Bite the dust**'. This phrase comes from a translation from the epic Ancient Greek poem 'The Iliad' about the war between the Greeks and the Trojans. It was used as a 'poetic way' of describing the death of a warrior. Poetic ... And finally, '**The Bitter End**'. A ships anchor cable was wrapped round posts called bitts. The last length of cable was called 'the Bitter end'.

Angus D.

I like this easy home COVID test procedure....

1. Pour a large glass of red wine (or white if you prefer), then, try to smell it.
2. If you can smell the wine then drink it to see if you can taste it.
3. If you can taste and smell it, it confirms that you don't have COVID

Last night I did the test 19 times and all were negative, Thank God!

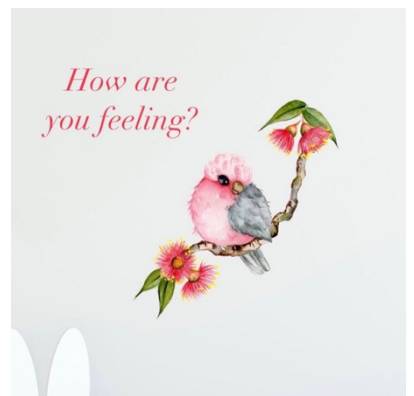
Tonight, I am going to do the test again because this morning I woke up with a headache and feel like I am coming down with something!

Yenda



My friend Jack claims
that he can communicate
with vegetables.

Jack and the beans talk.



WELFARE REPORT

Jan Wilson is feeling a little nervous as she is being admitted to SAH tomorrow (27th July) to undergo surgery for the removal of a cancer from her cheek and eyelid. We wish Jan a speedy recovery under the watchful eye of her daughter.

Mary Glasby is currently a patient at Mt Wilga Hospital for rehabilitation and physiotherapy, following recent back surgery. I spoke with Mary last Thursday, she says she is feeling well and taking her recovery one day at a time. Mary has asked me to pass on her thanks for the good wishes that have been sent her way.

Jan Ferguson was a patient at North Shore Hospital and Hornsby Hospital for quite a long period of time after suffering a collapse at her home. I'm pleased to report Jan is now at home and continuing her rehabilitation treatment with support from a care team and is showing great improvement.

Barry Mayhew is now at home after surgery at North Shore Private Hospital for a hip replacement on 2nd July and 2 weeks rehabilitation and physiotherapy at Mt Wilga Hospital. He is being incredibly well looked after by a live-in nurse he jokingly call's Nurse Ratched (as in One Flew Over the Cuckoo's Nest)

Stay well and stay healthy and Happy Birthday to all members celebrating their birthday this month
Denise Mayhew 9477 2779 or 0416 179 383

VALE HENRY SYLVESTER

To Our Asquith Probus Family

It is with sadness that I advise the passing of my very much loved Henry.

Henry has spent the past 10 weeks in the San Hospital and as usual in his positive way trying to get over an op from a malignant cancer on his shoulder.

However with all the many medical problems he has endured over many years he just could not fight any longer and passed away last night.

My sincere thanks to all who have given us support and friendship over the past couple of years, it has been greatly appreciated.

Fond regards
Noelene



HOSPITALITY/DINING OUT.

CANCELLED



Our Bastille Day/French Frolic lunch has had to be cancelled. Refunds will be forthcoming.

Our lunch at Doyles which was to have been held on the 9th of August is cancelled due to lockdown. Refunds will be forthcoming.



We still have the picnic at Bobbin Head to look forward to, this is to be held on Thursday the 21st of October.

I don't have a price for this until I speak with the Golf Club who will be catering, I will do this after we come out of lockdown. If you would like to attend then please let me know by email.

Our end of year lunch will be at the Golf Club on Thursday 2nd of December. Again, I don't have a price until I speak with the Club after lockdown. If you would like to attend please email me and I will put you on the list.

Stay safe, get vaccinated if you haven't already, and I'll see you on the other side of lockdown.

Vicki

THEATRES RHONDA WILSON

LIKE MANY INDUSTRIES LIVE THEATRE HAS BEEN HIT HARD DURING THIS UNCERTAIN TIME

COME FROM AWAY

Now 27th October - members have been notified

PHANTOM OF THE OPERA

Has been postponed to an unfixed date in 2022.
All members have been notified

HAMILTON

Fingers crossed 🤞

12 people are off to Melbourne to see this spectacular show on February 2 2022.

Keep safe everyone
Rhonda



**ASQUITH MIXED PROBUS CLUB INC**

Inc No: 9890687

Activities Payment Voucher

Today's Date:

Name(s)

Activity Name

Date of activity

Activity cost per person \$ No. of Persons Amount Paid \$

Cash	EFT
Cheque	
POS	Received By :

Date issued 1 June 2017

ASQUITH MIXED PROBUS CLUB INC

Inc No: 9890687

Receipt

To-days Date:

Name(s)

Activity Name

Date of activity

No. of Persons

Total Paid	\$ <input type="text"/>	Card Charge \$ <input type="text"/>
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Confirmed by:

Received by :

PLEASE RETAIN FOR ACTIVITY.

**ASQUITH MIXED PROBUS CLUB INC**

Inc No: 9890687

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Confirmed by:

Received by :

PLEASE RETAIN FOR ACTIVITY.